

E-poster guidelines

Posters must be in English. Each poster will be assigned with a unique e-poster code.

The list of abstract titles selected for electronic poster presentations (e-posters) will be published shortly. The poster presenters are kindly asked **to submit their e-Poster electronically in PDF and JPEG format to: istas@uhp.ac.ma**, with no exceptions, **by March 15, 2026**.

E- Poster File Name and Format:File Naming Convention: Abstract ID Number followed by the presenter's full name. Example: ISTAS26:712964_FirstName LastName.pdf and ISTAS26:712964_ FirstName LastName.jpeg

Content and form requirements

E-posters should be concise, visually engaging, and created as a single-page PDF, in 16:9 landscape. Key requirements include high-resolution visuals (at least 300 dpi), large, readable fonts (min. 24 points), and minimal text (focus on key results rather than repeating the entire abstract). Use bullet points, charts, and diagrams.

Font Size & Type: Use easily readable fonts (e.g., Arial, Calibri, Helvetica). Text should be readable from 1–2 meters away. The title should be very large (visually equivalent to 80–100 points) and the body text should be visually equivalent to at least 32–40 points.

File Size: Keep file sizes small, under 20 MB.

Multimedia: Generally, animations and videos are not allowed. Exceptionally, we may accept a limited number of videos (in order of priority). AVI, WMV, MP4 or MOV are the only acceptable video formats.

Common Pitfalls: Avoid overloading with text and using low-contrast color combinations (e.g., red on green). Using dark text on light background, or vice versa.

Organization: Two formats are possible:

“Static digital poster” format: Identical to a traditional poster but displayed on a screen.

OR

“Scrolling slides” format: Your poster presentation should be prepared in Microsoft PowerPoint (max 5 slides). Generally, it is better to use pptx format (*compatible PowerPoint 2007/2010/2013/2016*). And, in this case, use less text (one slide = one message).

Elements that remain identical to the poster guidelines: The scientific content does not change. That is:

- **Title** (same as submitted, in large, bold font)
- **Authors and affiliations**
- **Background**
- **Objectives**
- **Methods**

- **Results**
- **Conclusions** (always highly visible)
- **Acknowledgments** (if applicable)
- **Selected references**
- **Contact information**

Figures and images: High-quality PNG or JPEG format. Graphs must be larger, with clear captions, and axes must be clearly legible.

Recommendation

Reduce the text by 20–30%, include a summary figure, and add a clearly highlighted “**Key Messages**” box. You may also include a QR code linking to the full article (if your work has already been published).